

# Chai Tea Recipe

## Ingredients:

2 cups water

1/2 cup whole milk

2 teaspoons granulated brown sugar

2 tablespoons of loose black tea leaves

4-6 cardamom pods

1/2" coin of ginger

About 15 seeds of fennel

Small piece of cinnamon stick

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You will need: 1 medium saucepan, 2 cups, 1 Strainer

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Place 2 cups of water on heat in a medium saucepan. Add all the spices and sugar. Bring water to a boil and add loose tea leaves. Add milk after the next boil. Let everything boil and turn the heat off before the tea boils out of the saucepan. Strain the tea in 2 cups. Enjoy it hot!

P.S. Dispose the residue in the trash after straining the tea in the cups.